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Vitamin-C Tablets with Zinc Chewable

- **Helps form and maintain bones**
Vitamin C supports the structure and strength of bones.
- **Supports healthy skin**
It plays a role in maintaining skin health.
- **Maintains blood vessels**
Vitamin C is essential for the maintenance of healthy blood vessels.
- **Aids in collagen production**
It is crucial for producing collagen, a protein that helps in tissue repair and skin elasticity.
- **Supports L-carnitine production**
Vitamin C helps the body produce L-carnitine, which is important for energy production.
- **Involved in neurotransmitter production**

Use : 1 Tablet twice a day or as directed by the dietician.





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It aids in the formation of neurotransmitters, which are essential for brain function.

- **Helps in protein metabolism**

Vitamin C assists in the metabolism of proteins in the body.

- **Acts as an antioxidant**

It has antioxidant properties that help protect cells from damage.

- **May reduce the risk of some cancers**

Its antioxidant activity may help lower the risk of certain types of cancer.

- **Prevents scurvy**

Vitamin C deficiency causes scurvy, and maintaining adequate levels prevents this disease.

Use : 1 Tablet twice a day or as directed by the dietician.