



# Triphala Capsule

- **Relieves Constipation**  
Helps regulate bowel movements and promotes regularity by eliminating constipation.
- **Detoxifies the Intestines**  
Assists in removing toxic substances from the intestines, promoting better digestive health.
- **Reduces Gas Problems**  
Eases bloating and gas by improving digestion and reducing bloating.
- **Effective for Common Cold**  
Provides relief from symptoms of the common cold and respiratory congestion.
- **Boosts Immunity**  
Enhances the immune system, making the body more resilient to infections.

Use : 2-2 cap. twice a day.



# Triphala Capsule

- **Improves Digestion**  
Stimulates the digestive system, improving nutrient absorption and overall gut health.
- **Supports Healthy Weight Management**  
Helps in digestion and metabolism, contributing to healthy weight management.
- **Promotes Skin Health**  
Detoxifies the body, improving skin health and reducing acne or other skin issues.
- **Improves Eye Health**  
Rich in antioxidants, it supports better vision and eye function.
- **Natural Antioxidant**  
Fights oxidative stress and promotes overall cellular health with its antioxidant properties.

Use : 2-2 cap. twice a day.