Sea Buckthorn Curcumin Juice

- **Boosts Immunity**
  Strengthens the body's natural defenses with its rich blend of antioxidants and nutrients.

- **Supports Heart Health**
  Helps maintain healthy cholesterol levels and supports overall cardiovascular function.

- **Rich in Omega 3, 6, 7, and 9**
  Provides essential fatty acids that nourish the body and promote overall wellness.

- **Improves Joint & Bone Health**
  Reduces inflammation and supports stronger bones and flexible joints.

- **Enhances Digestion & Liver Function**
  Aids digestion, detoxifies the liver, and promotes better nutrient absorption.

Use: **Mix 30ml of juice with 120 ml of water and take twice a day before meals.**

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MY RECHARGE ayurveda

Sea Buckthorn Curcumin Juice

- **Promotes Glowing Skin & Healthy Hair**
  Nourishes skin from within and strengthens hair for a healthier appearance.
- **Powerful Anti-Inflammatory Properties**
  Curcumin helps reduce internal inflammation, aiding in faster recovery and better health.
- **Supports Weight Management**
  Boosts metabolism and aids in maintaining a healthy weight.
- **Improves Eye Health**
  Rich in antioxidants like Vitamin A and E, which are vital for maintaining good vision.
- **Enhances Energy & Vitality**
  Provides a natural energy boost, helping fight fatigue and improve overall stamina.

Use: **Mix 30ml of juice with 120 ml of water and take twice a day before meals.**

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