



Organic Honey

- **100% Natural Energy Booster**
Provides instant energy and stamina with natural sugars and nutrients.
- **Boosts Immunity**
Rich in antioxidants, enzymes, and phytonutrients that strengthen the immune system.
- **Natural Cough & Cold Relief**
Soothes sore throat, reduces cough, and helps clear respiratory passages.
- **Promotes Glowing Skin**
Antibacterial and moisturizing properties make it excellent for skin health.
- **Improves Digestion**
Acts as a natural probiotic and helps with digestive discomfort.

Use : 1 teaspoon twice daily



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- **Supports Heart Health**
Helps regulate cholesterol levels and improves blood circulation.
- **Aids in Detoxification**
Flushes out toxins from the body when taken with warm water and lemon.
- **Helps in Weight Management**
Supports metabolism and fat burning when used in a balanced diet.
- **Natural Healer**
Can be used topically for minor wounds, burns, and cuts due to its antibacterial properties.
- **Relieves Stress & Improves Sleep**
Helps relax the mind and body when consumed before bedtime.

Use : 1 teaspoon twice daily