

TRIPLE OMEGA BENEFITS ONE CAPSULE



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Omega 3-6-9 Softgel Capsule

- **Supports Heart Health**
Helps maintain healthy cholesterol levels and improves overall cardiovascular function.
- **Improves Brain Function**
Enhances memory, concentration, and cognitive performance with essential fatty acids like EPA and DHA.
- **Reduces Inflammation**
Alleviates symptoms of inflammation-related conditions such as arthritis and joint pain.
- **Supports Eye Health**
Protects vision and helps maintain the structural integrity of eye tissues.
- **Improves Skin Health**
Promotes hydration, elasticity, and a clearer complexion by nourishing skin cells.

Dosage: One capsule 1-2 times daily with meals, or as directed by a healthcare professional.

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Omega 3-6-9 Softgel Capsule

- **Boosts Immune System**
Strengthens the body's defenses, helping it fight off infections and illnesses more effectively.
- **Supports Hormonal Balance**
Helps regulate hormones, which is beneficial for mood, metabolism, and reproductive health.
- **Promotes Joint Health**
Reduces joint stiffness and pain while supporting flexibility and mobility.
- **Promotes Muscle Health**
Supports muscle function and recovery, especially beneficial for active individuals.
- **Supports Overall Health**
Fills essential nutritional gaps, contributing to better overall well-being.

Dosage: One capsule 1-2 times daily with meals, or as directed by a healthcare professional.