



Amla Candy

- **Rich in Vitamin C**

Packed with natural Vitamin C from Amla, which supports collagen formation, skin health, and overall immunity.

- **Improves Eyesight**

Amla is traditionally known to enhance vision and protect eyes from strain and age-related issues.

- **Boosts Immunity**

Strengthens the body's natural defense system to fight infections and diseases.

- **Relieves Constipation**

Aids in regular bowel movements and relieves constipation naturally.

- **Reduces Acidity**

Balances stomach acid and soothes the digestive tract, preventing acidity and bloating.

Use : Eat some candy regularly on daily basis.



MY RECHARGE
ayurveda



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Amla Candy

- **Enhances Digestion**

Supports overall digestive health by stimulating the secretion of digestive enzymes.

- **Promotes Heart Health**

Helps in reducing bad cholesterol levels and supports healthy blood circulation.

- **Natural Antioxidant**

Fights oxidative stress, keeping cells healthy and reducing signs of aging.

- **Refreshing and Tasty**

A healthy snack that satisfies sweet cravings while providing health benefits.

- **Supports Oral Health**

The combination of honey and Amla keeps the mouth fresh and may help in preventing mouth ulcers.

Use : Eat some candy regularly on daily basis.